

Committed to Improving Swimmers Capabilities



# Newsletter

Canvey Island  
Swimming Club

## January 2015

Term 1 & Squad News

### UPDATES

Happy New Year and welcome back! We hope you all enjoyed the festive period! Now we focus on getting back into swim training and working on those diets. Parents, your full support is most needed here for encouraging your dedicated swimmers.

Despite the ever changing weather, we look forward to seeing many members enjoying their swim training and preparing for upcoming events such as: Age Group Champs; Relays; numerous Galas along with Mini League Galas too. Remember, dedication is what it takes! Please always refer to the Club's Notice Board, Changing Room Doors and even the website [www.canveyislandswimmingclub.co.uk](http://www.canveyislandswimmingclub.co.uk) for all essential info and updates. Plus, you can always speak to a Committee Member too!

Term 1 for Swim School runs from Tuesday 06 Jan to Sunday 19 April, giving you 15 weeks of lessons. New members are always welcome at any point of any term, just get in touch or visit us and we will accommodate.

March half term - swimming on as usual, no breaks in sessions. April half term – again swimming on as usual barring 2 exceptions – Good Friday & Easter Sunday! Many swimmers can choose an alternative session. Do speak to us and arrange this, thanks.

### REQUIRED

We are a non-profit, voluntary-run Club and we are always in need of extra help, support and funding! Funding is vital for the Club to exist – if you or your company can help in any way, please speak to a Committee Member.

If you would like to become a Committee Member and be actively involved, behind the scenes so to speak, then please speak to the Club.

### UPCOMING EVENTS

**AGM** – Thursday 12 February @ 6:30pm

This is a very important meeting and we would like as many people to attend as possible. The meeting will be held at Waterside in the Viewing Room. We will discuss various topics in relation to the Club's future. Your support is vital so do please come.

**NEXT EVENT - Age Group Champs**

Sat17&Sun18 Jan–Block A & 9yr Old Girls FS Relay Complete  
Sat31&Sun01 Feb–Block B, Sat14&Sun15Feb–Block C & 9yr Old Boys F/S Relay & Girls IM Relay.

**NEXT Mini League Gala**

**Saturday 07 February** @ Colchester Leisure Centre – see web for more info. Next one planned for Sat 09 May.

**NEXT GALA PLANNED**

**Sunday 22 March** – OOJS & EDSC, Spring Charity Open Meet - 1 Day Event – see web for more info.

### ASA National Swim Plan

Our Teachers regularly assess all swimmers.

Children should have been handed an appropriately coloured hat for their own personal stage/level. These hats play an important role when it comes to learning to swim and they must be worn at all sessions, plus looked after – first one is FOC.

Badges and Certificates will also be available for purchase and should take place during mid to end of each Term.

### Recycle / Upcycle unwanted Swim items

We accept many 'good condition' swim items. Outgrown items such as fins are always welcome and can be passed on to our younger swimmers offering great savings.

**New Club Contact Number: 07593 289170**

*Thank you for your continued support.*